

## Требования к поступающим в аспирантуру

Программа вступительного экзамена в аспирантуру по иностранному языку разработана в соответствии с государственными образовательными стандартами высшего профессионального образования ступеней специалист, магистр.

Цель экзамена – определить уровень развития у студентов коммуникативной компетенции, необходимой для соотнесения языковых средств с конкретными сферами, ситуациями, условиями и задачами общения, использования языкового материала как средства реализации речевого общения.

На вступительном экзамене поступающий должен продемонстрировать умение пользоваться иностранным языком как средством культурного и профессионального общения.

Поступающий должен владеть орфографическими, лексическими и грамматическими нормами иностранного языка и правильно использовать их во всех видах речевой деятельности, представленных в сфере профессионального и научного общения.

### СОДЕРЖАНИЕ ВСТУПИТЕЛЬНОГО ЭКЗАМЕНА В АСПИРАНТУРУ

1. Чтение и письменный перевод со словарем оригинального текста научно-спортивного характера (объем-1000-1.200 печатных знаков) с **точной** передачей содержания прочитанного (время перевода - 45 мин.)

На экзамене предлагаются тексты по широкому профилю вуза. Пользование словарем строго регламентируется указанным временем. Экзамен прекращается, если не выполнен данный пункт задания, поступающему в аспирантуру выставляется оценка "неудовлетворительно", которая фиксируется в протоколе приема вступительного экзамена.

2. Выполнение лексико-грамматического теста (45 мин.)

3. Написать эссе на одну из следующих проблем: подготовка специалистов по физической культуре и спорту, проблемы спортивной тренировки, спорт и наука, научная работа абитуриента.

Результаты экзамена оцениваются по пятибальной системе.

## **Примерные задания для вступительного экзамена в аспирантуру в 2020г.**

### **1. Перевести текст письменно (время перевода 45 мин.)**

#### **Sports Science Careers**

Thousands of professionals work in the sports science field as coaches, teachers, fitness trainers and instructors, managers, scientists and doctors. Schools, local government departments, hospitals, health departments, fitness gyms, vacation resorts and many private companies employ individuals with a background in sports science. Many careers in sports science require college education, but some require only a high school diploma and a strong knowledge of sports science. Most colleges and universities offer bachelor's degrees in sports science. Some offer separate tracks for coaching, fitness instruction and technical areas such as physical therapy and nutrition. Many universities offer advanced degrees in sports science.

#### **Coaching and Physical Education**

Coaching offers career opportunities at many levels. School districts, athletic associations and local government recreational departments hire youth coaches to work with school-age children. Careers in coaching often also mean teaching careers. Some schools require all coaches to work for the school district. Commonly, coaches work as physical education teachers for elementary, middle and high schools. In such cases, their teaching pay provides the bulk of their annual income. They often receive a stipend for their coaching work. Colleges and universities also hire coaches. These coaches work almost exclusively with scholarship athletes in their sports. They rarely work as classroom teachers. High school coaches have some job security, but there is turnover in some of the most popular sports, including football and boys and girls basketball. Collegiate coaching pays considerably more than coaching youth. The best coaches advance to become coaches for professional athletes and sports teams. These coaches earn the most and also receive notoriety, praise and criticism from fans. Their jobs are the least secure because team owners demand excellence, measured by wins. For 2010, the median salary for all coaching jobs was \$28,340, according to the U.S. Bureau of Labor Statistics.

#### **Sports Management**

Careers in sports management can take many forms. At the prep and collegiate sports level, athletic directors and their assistants work behind the scenes to ensure

their sports teams comply with rules governed by sanctioning bodies such as the National Collegiate Athletic Association. Athletic departments also purchase equipment, promote sports teams, compile statistical information, communicate with the media, hire and terminate coaches, negotiate coaches' salaries, manage field and gymnasium maintenance, set team practice and game schedules and manage department budgets. In professional sports, you find greater opportunity for careers in sports management. Professional teams need individuals to manage ticket sales, concessions, team transportation, and to serve as team executives. Salaries in sports management vary. Some executives for sports teams earn more than \$100,000 per year, and some assistant athletic directors earn less than \$35,000 per year.

### **Personal Trainers, Strength and Conditioning Coaches and Fitness Instructors**

Today's athletes look for an edge anywhere they can find it, and many find it in the gym, where personal trainers, fitness instructors, and strength and conditioning coaches use their expert knowledge of sports science to develop athletes' full physical and psychological potential. Careers in this field also require acute knowledge of nutrition, kinesiology, physiology and anatomy. The National Strength and Conditioning Association and the American Council on Exercise offer national certification, which helps you to advance in the profession. Personal trainers and strength and conditioning coaches work for youth, college and pro sports teams, health clubs and as private instructors. Fitness instructors work primarily for health clubs, including the YMCA and popular gyms. They often teach fitness classes to small groups, and the most successful fitness instructors stay on top of the latest trends in fitness training. According to the Bureau of Labor Statistics, fitness trainers earned a median salary of \$31,090 per year in 2010. Athletic trainers earned \$41,600.

### **Physical Therapy, Wellness Management and Nutritionists**

Individuals with advanced degrees qualify for career opportunities in physical therapy, nutrition and wellness management. Physical therapists work for hospitals, doctors, colleges and professional sports teams to prevent and treat sports injuries. Nutritionists work for sports teams, health clubs and as consultants for professional and amateur athletes seeking help with proper nutrition. Wellness management is a career field that promotes wellness among the masses by teaching the public which foods are best for a healthy diet and which to avoid. Local government departments, hospitals and schools hire individuals with a background in sports science for these careers. For 2010, physical therapy assistants earned \$37,710 per year, and physical therapists earned \$76,310.

## 2. Выполнить лексико-грамматический тест.

### The 2012 London Olympic Games

Wednesday 6th July 2005 (1) \_\_\_\_\_ scenes of jubilation in (2) \_\_\_\_\_ Trafalgar Square as London won the contest to host (3) \_\_\_\_\_ Olympic Games in 2012. Thousands gathered under big screens in order (4) \_\_\_\_\_ the announcement. As International Olympic Committee President Jacques Rogge revealed London's victory, there was a collective intake of breath (5) \_\_\_\_\_ by shouts (6) \_\_\_\_\_ shock and elation. The voting went (7) \_\_\_\_\_ London's favour (8) \_\_\_\_\_ only 54 to 50 votes. Victory was snatched (9) \_\_\_\_\_ Paris after a very strong final presentation in Singapore, backed by Prime Minister Tony Blair. Mr. Blair is said (10) \_\_\_\_\_ at the result.

Her Majesty the Queen sent a message (11) \_\_\_\_\_ the organizing committee, commenting 'it is a really outstanding achievement to beat (12) \_\_\_\_\_ field. London deserves the Games (13) \_\_\_\_\_ the most multi-cultural city in the world. The wealth of culture in this city is extraordinary, and it certainly feels like (14) \_\_\_\_\_ most vibrant capital in Europe.

The greatest show on the Earth is coming to its (15) \_\_\_\_\_ exciting city. Once the celebrations (16) \_\_\_\_\_ the capital begins preparations on a massive scale. London 2012 (17) \_\_\_\_\_ be a surprise, but somehow it feels right.

(18) \_\_\_\_\_ the heart of the campaign there will be the new Olympic stadium and village in Stratford, East London. The Olympic village is likely (19) \_\_\_\_\_ at Mill Meads and will accommodate almost 20,000 people for the 17-day period. This means a housing project on the scale of a small town, which hopefully (20) \_\_\_\_\_ into low-cost housing.

- |                   |                  |
|-------------------|------------------|
| 1. a) witness     | b) witnessed     |
| c) has witnessed  | d) had witnessed |
| 2. a) a           | b) an            |
| c) the            | d) -             |
| 3. a) a           | b) an            |
| c) the            | d) -             |
| 4. a) to watch    | b) watch         |
| c) have watched   | d) watching      |
| 5. a) following   | b) followed      |
| c) were following | d) were followed |

6. a) for  
c) of
7. a) on  
c) for
8. a) by  
c) in
9. a) for  
c) of
10. a) 'dancing a jig'  
c) to have 'danced a jig'
11. a) congratulate  
c) was congratulating
12. a) such highly competitive  
c) such a highly competitive
13. a) being  
c) is
14. a) most busy  
c) busiest
15. a) more  
c) the most
16. a) died down  
c) have died down
17. a) should  
c) shall
18. a) at  
c) on
19. a) be located  
c) being located
20. a) was converted  
c) will be converted
- b) from  
d) at
- b) in  
d) of
- b) on  
d) at
- b) from  
d) by
- b) having 'danced a jig'  
d) being 'danced a jig'
- b) congratulating  
d) to be congratulating
- b) so highly competitive  
d) a such highly competitive
- b) to be  
d) is being
- b) the most busy  
d) the busiest
- b) most  
d) much more
- b) are dying down  
d) had died down
- b) need  
d) may
- b) in  
d) from
- b) to be located  
d) having been located
- b) is converted  
d) would be converted

Chelsea Football Club also (1) as the Blues (2) on March 14, 1905 at the Rising Sun pub opposite today's main entrance to the ground on the Fulham Road. Chelsey's first match took place at Stockport County (3) September, 2, 1905. They (4) the game 1-0. The first home match was against Liverpool (5) a friendly, and Chelsea won it 4-0. In 1915 Chelsea reached (6) FA Cup final.

It is Stamford Bridge, where Chelsea (7) since foundation. During the inter-war years Chelsea made (8) impact on the English Game. (9) with former Arsenal and England centre-forward Ted Drake as a manager, they didn't achieve much in the European Cup.

A '60s Chelsea didn't even win any domestic titles (10) for the League Cup in 1965. But the early 1970s saw a great Chelsea team which is (11) fondly remembered.

But there was no (12) success in that decade, as star players (13) Chelsea's First Division comeback in the 1990-91 season was their best league campaign (14) 1970. Ruud Gullit who was appointed (15) player-manager for the 1996-97 seasons added several top class players to the side, and thus guided them (16) FA Cup glory. In June 2003 Chelsea was sold to Roman Abramovich - thus (17) the biggest-ever sale of (18) English football club.

2005 was Chelsea's centenary year, and they celebrated it in style by (19) Premiership champions and League Cup winners. (20) following year Chelsea became League champions again.

- |                     |                     |
|---------------------|---------------------|
| 1. a) was known     | b) known            |
| c) to be known      | d) knowing          |
| 2. a) was founded   | b) has been founded |
| c) had been founded | d) founded          |
| 3. a) in            | b) at               |
| c) on               | d) from             |
| 4. a) has lost      | b) have lost        |
| c) had lost         | d) lost             |
| 5. a) on            | b) in               |
| c) at               | d) with             |
| 6. a) a             | b) an               |
| c) the              | c) a                |
| 7. a) played        | b) were playing     |

- c) has been playing      d) have been playing
8. a) little                      b) a little
- c) few                              d) a few
9. a) rather                      b) ever
- c) even                              d) still
10. a) except                      b) besides
- c) contrary                      d) though
11. a) yet                              b) still
- c) else                              d) just
12. a) longer                      b) later
- c) further                        d) wider
13. a) sold                        b) have sold
- c) have been sold              d) were sold
14. a) from                        b) since
- c) in                                d) on
15. a) a                              b) an
- c) the                              d) –
16. a) in                              b) at
- c) to                                d) by
17. a) complete                  b) to complete
- c) completed                    d) completing
18. a) a                              b) an
- c) the                              d) –
19. a) become                  b) to become                  c) became                  d) becoming
20. a) a                              b) an                              c) the                              d) –

## The Olympic Games

administered/ athletes/ competition/ compete/created/ establishment/ events/ negotiation/  
 occurred/proposed/ revived/ same/ sight/ site/ sports

The Olympic Games, the international sports (1)\_\_\_\_\_, are held every four years at a different site, in which athletes from different nations (2) \_\_\_\_\_against

each other in a variety of sports. There are two types of Olympics, the Summer Olympics and the Winter Olympics. Through 1992 they were rescheduled so that they are held in alternate even-numbered years. For example, the Winter Olympics were held in 1994 and the Summer Olympics in 1996. The Winter Olympics were next held in 1998, and the Summer Olympics next (4) \_\_\_\_\_ in 2000.

The modern Olympic Games began in Athens, Greece, in 1896, two years after French educator and thinker Pierre de Coubertin (5) \_\_\_\_\_ that the Olympic Games of ancient Greece be (6) \_\_\_\_\_ to promote a more peaceful world. The program for the 1896 Games, including only summer (7) \_\_\_\_\_ (the Winter Olympics were not established until 1924), included about 300 (8) \_\_\_\_\_ from fewer than 15 countries competing in 43 events in nine different (9) \_\_\_\_\_. The Olympic Games are (10) \_\_\_\_\_ by the International Olympic Committee. The IOC was (11) \_\_\_\_\_ in Paris in 1894 as an independent committee selecting its own members. The IOC oversees such functions as determining the (12) \_\_\_\_\_ of the Olympic Games, the (13) \_\_\_\_\_ of worldwide Olympic policies, and the (14) \_\_\_\_\_ of Olympic television broadcast rights.

blood/ bones/ exercises/ faces/ fat/ fitness/ foot

**Вставьте нужное по смыслу слово в пропуск в тексте. Каждое слово может быть использовано только один раз.**

heart/ health/ improve/ levels/ muscles

numerous/ outdated/ series/ stress

Aerobics is programs of physical (1) \_\_\_\_\_ that help people improve their level of (2) \_\_\_\_\_ by temporarily raising their (3) \_\_\_\_\_ rate and breathing rate. The term aerobics – the original name for the activity – is now somewhat (4) \_\_\_\_\_, and most enthusiasts use the name group fitness or group exercise. They enjoy group fitness classes for the (5) \_\_\_\_\_ benefits they provide and as a way to meet other people. Classes take place in community centre's and health clubs all over the world.

The health benefits of aerobic exercise are (6) \_\_\_\_\_. People who regularly attend classes can (7) \_\_\_\_\_ their cardiovascular health, reduce their body (8) \_\_\_\_\_, increase their flexibility, and strengthen their (9) \_\_\_\_\_. Other benefits include increased energy (10) \_\_\_\_\_ throughout the day, decreased (11) \_\_\_\_\_ pressure and

cholesterol levels, a strengthening of (12) \_\_\_\_\_, improved posture, and a lower level of (13) \_\_\_\_\_.

There are many types of group fitness programs. Most are held in classes of 10 to 30 people, usually in an indoor, mirrored room at a fitness facility. An instructor organizes and leads each class. The instructor (14) \_\_\_\_\_ the class or the mirror and leads a routine, which is a specific (15) \_\_\_\_\_ of exercise movements synchronized to music. Most classes last one hour and consist of four components.

## HISTORY OF THE OLYMPIC GAMES

Прочтите и переведите слова, данные перед текстом. Вставьте нужное по смыслу слово в пропуск в тексте. Каждое слово может быть использовано только один раз.

*By, which, had, by, as, until, them, later, except, between, saluting, were, back, called, every, was, so, place, in, to.*

According (1)\_\_\_\_\_ Creek legend, the Olympics Games were started (2)\_\_\_\_\_ Hercules, son of Zeus, (3)\_\_\_\_\_ honour of his father. The first Olympic Games about (4) \_\_\_\_\_ we have information were held in 776 BC on the plain of Olympia. Games had taken (5)\_\_\_\_\_ before this date but (6)\_\_\_\_\_ consisted mainly of chariot races. The ancient Greeks thought the games were (7)\_\_\_\_\_ important that they measured time (8)\_\_\_\_\_ the interval between them. A period of four years (9)\_\_\_\_\_ referred to as an Olympiad. The Games also represented the Greek ideal of physical fitness and beauty, which they considered (10)\_\_\_\_\_ important as the development of the mind. Nothing, not even war, was allowed to interfere with Games. They were held continuously (11)\_\_\_\_\_ four years for more than 1000 years (12)\_\_\_\_\_ the Romans brought them to an end in AD 394.

## REBIRTH OF THE OLYMPICS

The idea of the Olympics Games absolutely captivated the modern 17<sup>th</sup> century nationalities.

A Frenchman (13)\_\_\_\_\_ Baron de Coubertin may be the famous person behind the actual revival of the modern Olympic Games as we know (14)\_\_\_\_\_ today. At the end of the nineteenth century he had an idea to bring the Olympics Games (15)\_\_\_\_\_ to life. Following his suggestion, fifteen nations met at an international congress in 1894. Two years (16)\_\_\_\_\_, the first modern Olympic Games (17)\_\_\_\_\_ held in Athens. Since then they have been staged every fourth year, (18)\_\_\_\_\_ during World War I and World War II. Perhaps the main difference (19)\_\_\_\_\_ the ancient and modern Olympics is that for the ancient Greeks the Games were a way of saluting their gods, when the modern Games are a manner of (20)\_\_\_\_\_ the athletic talents of people of all nations.